Week 1 Review

Name:

Date:

**Project Execution:**

How are you and your team members prioritizing your tasks?

How can you and your team ensure that these tasks are completed on time?

**Obstacles:**

Are there any obstacles impeding your progress, and if so, what are they?

What can you do to help? What can our Sports Science staff do to help?

**Team Cohesion:**

What are aspects of the project and team dynamic that are going well for you and your team?

What are aspects of the project and team dynamic that are not going well for you and your team?

**Actionable Decisions:**

What steps are you going to take to make progress before the next deadline?

What steps can Sports Science staff take to make progress before the next deadline?